

FLAMES RESTAURANT

CATERING MENU

TRAYS	SM	LG
CURRIED CHICKEN	100.00	195.00
STEWED CHICKEN	100.00	195.00
BBQ CHICKEN	100.00	195.00
JERK CHICKEN	125.00	245.00
WINGS – JERK/SWEET CHILI	125.00	245.00
FRIED CHICKEN	100.00	195.00
BONELESS CHICKEN	165.00	320.00
BEEF RIBS	179.00	350.00
STEWED BEEF	179.00	350.00
STEWED STEAK	179.00	350.00
STEWED OXTAIL	225.00	435.00
CURRIED GOAT	165.00	320.00
SHRIMP (CURRIED OR CREOLE)	165.00	320.00
CURRIED VEGETABLES	75.00	150.00
PLANTAINS	35.00	60.00
MACARONI & CHEESE	45.00	75.00
COLLARD GREENS OR CANDIED YAMS	39.00	69.00
STEAMED CABBAGE WITH CARROTS	35.00	60.00
RICE & BEANS OR YELLOW VEGETABLE RICE	39.00	69.00
WHITE RICE	35.00	60.00

(SMALL TRAY SERVES AT LEAST 12 PEOPLE AND LARGE TRAY SERVES AT LEAST 25 PEOPLE)

DESSERTS

RUM CAKE	69.00
BREAD PUDDING	65.00
RED VELVET CAKE	49.00
CARROT CAKE	49.00
CHEESE CAKE	49.00
COCONUT CAKE	69.00

SIDES/APPETIZERS

FRIED DUMPLING	1.25
FISH CAKE	3.00
FESTIVAL	1.50
COCKTAIL BEEF PATTIES	1.25
COCKTAIL CHICKEN PAITIES	1.25
BEEF PATTIES	2.50
CHICKEN PATTIES	2.50

CALL (617) 734-1911 or (617) 980-2598 FOR MORE INFOMATION

FLAMES RESTAURANT

BREAKFAST	SMALL	MEDIUM
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BREAKFAST	\$7.99	\$9.99
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Saltfish
Callaloo
Liver
Mackerel
Cabbage & Saltfish
Okra & Saltfish

ACKEE & SALT FISH	\$10.99	\$13.99
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CHICKEN (Curried/Stewed)	\$10.50	\$13.99
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SOUPS

SMALL \$4.00	MEDIUM \$5.50	LARGE
\$7.50		

FLAMES RESTAURANT

BEVERAGES

Juices \$3.00

Tropical Rhythms

Dole

Tropicana

Minutemaide

Sodas - Assorted \$2.50

D & G

Pepsi, Ginger Ale Etc.

Iced Tea \$3.00

Veggie-Terry Juices \$5.00

Coconut Water \$4.75

Water \$1.50

Small Roots \$5.99

Medium Roots \$7.99

Large Roots \$15.99

Bully/Tiger \$7.50

PRICES

<u>SMALL</u>	<u>MEDIUM</u>	<u>LARGE</u>	
CHICKEN (CURRIED/BBQ/STEWED)	10.50	13.99	14.99
FRIED CHICKEN	10.99	14.50	15.50
CHICKEN (JERK/SPICY WINGS)	11.50	14.99	15.99
BEEF (STEAK/STEW/RIBS)	14.99	16.99	20.99
CURRIED GOAT	13.99	15.99	18.99
COWFOOT	13.99	15.99	18.99
OXTAIL	16.99	19.99	26.99
KING FISH	12.50	17.99	19.99
SALMON	XXXX	18.99	20.99
TELAPIA	11.50	15.99	17.99
SHRIMP	12.99	18.99	20.99
SNAPPER			20.99
VEGETABLE PLATE	5.99	7.99	9.99

MEAL COMBO (ADD 1 MORE MEAT TO MEDIUM OR LARGE MEAL)

CHICKEN	\$ 5.50
BEEF/GOAT	\$ 6.99
OXTAIL L	\$7.99

SIDE ORDERS

OXTAIL	\$26.99
BEEF	\$20.99
CHICKEN	\$ 15.99
GOAT	\$ 18.99
SHRIMP	\$20.99

MACARONI & CHEESE	\$ 5.00
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JERKED CHICKEN	QUARTER \$8.50	HALF \$ 14.50	WHOLE \$25.50
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FISH CAKES (FRITTERS)	\$ 3.00
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FRIED DUMPLINGS	\$1.25
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PATTIES	\$2.50
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PATTY/BREAD/CHEESE	\$ 5.00
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PATTY & CHEESE	\$3.50
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COCOBREAD	\$2.50
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RICE	\$ 4.50	7.50	10.99
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FISH SLICE(KINGFISH/TELAPIA)	\$ 5.99
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FISH SLICE(SALMON)	\$ 6.99
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PLANTAIN	\$4.50
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5 PIECES JERK WINGS	\$6.00
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5 PIECES SWEET & SPICY WINGS	\$6.00
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1 WHOLE JERK WING	\$2.25
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DESSERTS

BREAD PUDDING	\$ 5.25 /SLICE
POTATO PUDDING	\$ 5.25 /SLICE
CHOCOLATE	\$ 4.00 /SLICE
RED VELVET	\$ 4.00 /SLICE
CARROT	\$ 4.00 /SLICE
CHEESE CAKE (PLAIN)	\$ 4.00 /SLICE
CHEESE CAKE (WITH TOPPING)	\$ 4.50 /SLICE
FRUIT (RUM) CAKE	\$ 5.50 /SLICE
COCONUT CAKE WITH PINEAPPLE	\$5. 99 /SLICE
CHIPPIS CHIPS	\$ 5.00
ST MARY'S CHIPS	\$4. 50
SMALL BUN	\$7.50
LARGE BUN	\$10.50
SMALL SLICED BREAD	\$5.50
LARGE SLICED BREAD	\$7.50
BUN & CHEESE	\$ 5.99
BULLA & CHEESE	\$ 5.99
BULLA (4 PACK)	\$4.99
JAMAICAN TREATS	\$ 3.00
COCONUT DROPS	
ROCKCAKES	
GIZZADA	
SHIRLEY BISCUITS	
ROUND BUNS	
TAMARIND	
BUSTA	

